

## **Период "застоя" во время изучения английского.**

Hello everyone! Today I'd like to talk about bad and unproductive periods of the process of learning English. I'm sure that you experienced it at least once and you understand what I mean. So let's discuss this subject today!

First of all, what is a bad learning period? Try to remember yourself and tell me have you ever felt that your English was much worse than it was for example one week ago? When, for some reason, you just couldn't speak well and your pronunciation was not as good as it was before? When you forgot simple grammar rules and started making stupid mistakes? And when you got really upset and asked yourself:

"Jesus, what's wrong with me today?!"

I think, that you can remember such moments! They're annoying, aren't they? But in fact, if you learn English hard, it's a given that you're going to face this sort of difficulties. And judging by my experience, I can say that it's a good sign, my friends!

So answering all the questions above, you can understand what I mean speaking of a bad learning period. It's just a period of time when, for some strange reason, your English gets worse and you don't make good progress.

Why does it happen? As a rule, students experience it because they're are simply tired of learning. You see, when you learn English hard and try to be better and better in it, your brain's getting tired of all the information it gets. That's why all tutors recommend that when you feel you are tired of learning, you'd better take a break and put English away for awhile. Try to do something easy, read a simple book in English for example. The key word here is "simple"! Also you can watch something in English, for example, some funny animation!

So hard learning is one of the reasons of unproductive periods. Also, I believe, that any learning process has a wave effect! No matter whether it's learning English or something else. The point is that if we make great progress in something, we'll definitely have a period of the bad and slow progress! After this weird period we'll be back on a horse again in awhile! I think, that it's quite natural for people and there is nothing to worry about!

Remember yourself. Did you come back to a normal condition after a period of bad speaking and stupid mistakes from your side? Of course you did. More over, you might realized that you became even better in English after that weird period! That's the whole point my friends!

How long can such periods last? As for me, I've never had it longer than for one week or so. After this period of time I usually come back to a normal condition. Anyway if you keep learning and improving your English, such periods just can't last too long! That's for sure!

That's it my friends! Don't be upset if you feel that your English is not as good as it was, for example, two weeks ago. It happens sometimes with everybody and it's absolutely normal! Just keep learning or just take a little break if you feel you're tired. And very soon you'll be back with even better English than it was before!

Keep learning and take care!